

## The "Big 3" completion log

The "Big 3" is completion of the Bob Graham Round, Paddy Buckley Round and Charlie Ramsay Round, *each within 24 hours*.

Individual round completion logs: <https://gofar997.wixsite.com/gofar/completion-logs-and-contacts>

Although PBR log tracks "completions" of any duration, the Big 3 requires under 24 hours for each

Thankyou to Martin Stone for maintaining this list until 2026

To now get added to this list, please email [duncan.archer77@gmail.com](mailto:duncan.archer77@gmail.com)

Include dates and times for each round, and supporting evidence (either appearing on the individual completion logs or supply GPS tracks)

Please also let me know of any corrections to the data below

For some historical completions of the Big 3 we do not have full details (e.g. dates / times of individual rounds, and they don't appear on the official lists for those rounds)...

... but we have it on good faith they have completed the Big 3 nevertheless!

In some cases we have been able to assume data (for example knowing the completion date of the big 3 might tell us completion of the last round)

For some specific achievements (e.g. winter rounds, completion within X days etc.) we have dates for all rounds but they aren't the ones in question

If you can fill in gaps it is much appreciated

Number	Name	Bob Graham		Paddy Buckley		Charlie Ramsay		Big 3			Notes
		Time	Date	Time	Date	Time	Date	Total time	Last round	Span (days)	
1	Martin Stone	22:54	15/07/1978	23:26	14/07/1985	23:24	25/06/1987	69:44	25/06/1987	3267	All Solo Unsupported, 2 in Mid-Winter
2	Helene Diamantides	22:18	29/05/1987	20:08	01/06/1989	20:24	15/07/1989	62:50	15/07/1989	72	Age 24. All within 72 days. PBR & CRR overall and BGR female records at the time. BGR completion is the one on BGR log. Assume she did another in 1989 not in BGR log.
3	Adrian Belton	23:51	16/06/1985	22:00	15/07/1989	18:23	02/08/1989	64:14	02/08/1989	28	All within 28 Days. CRR record at the time. BGR completion is one on BGR log. Assume he did another in 1989 not in BGR log.
4	Pete Simpson	22:20	03/06/1978	22:51	07/05/1988	23:26	11/06/1990	68:37	11/06/1990	4391	
5	Mark Hartell	19:50	16/06/1990	18:10	13/06/1992	23:24	15/06/1996	61:24	15/06/1996	2191	PBR record at the time
6	Richard Calder	23:33	15/07/1995	23:45	26/07/1997	22:37	23/05/1998	69:55	23/05/1998	1043	
7	Geoff Pettengell	23:03	19/07/1986	23:34	14/07/1989	23:25	23/05/1998	70:02	23/05/1998	4326	
8	Paul McClintock	23:34	18/06/1995	23:32	20/06/1998	23:57	15/06/1996	71:03	20/06/1998	1098	
9	Allan Miller	23:34	19/05/1984	23:37	08/07/2000	23:30	20/05/2000	70:41	08/07/2000	5894	
10	Chris Rhodes	22:45	20/07/1996	23:55	07/07/2000	22:59	03/06/2002	69:39	03/06/2002	2144	
11	Yiannis Tridimas	23:25	27/05/1995	23:42	01/06/1996	23:53	22/06/2002	71:00	22/06/2002	2583	
12	Bob Berzins	#N/A	#N/A	23:37	11/07/2003	21:55	27/05/1990	#N/A	11/07/2003	#N/A	
13	Tom Westgate	22:56	22/06/1996	23:36	04/06/2004	23:46	21/05/2005	70:18	21/05/2005	3255	
14	Gavin Williams	23:20	21/06/1997	23:47	11/07/2003	23:28	21/05/2005	70:35	21/05/2005	2891	
15	Martin White	22:28	11/06/1995	23:56	14/06/2003	23:46	25/06/2005	70:10	25/06/2005	3667	
16	Kevin Saville	23:55	17/06/1999	23:59	16/07/2004	23:44	16/07/2005	71:38	16/07/2005	2221	
17	Steve Birkinshaw	17:09	21/05/2005	20:27	26/08/2006	21:02	19/06/2006	58:38	26/08/2006	462	
18	John Fleetwood	23:57	21/06/1998	#N/A	09/12/2006	23:53	05/07/2003	#N/A	09/12/2006	3093	
19	Gavin Thomas	20:23	05/05/2007	22:26	02/05/2008	23:30	14/07/2007	66:19	02/05/2008	363	
20	Rob Woodall	23:33	28/07/1996	23:24	19/07/1997	22:38	17/05/2008	69:35	17/05/2008	4311	
21	Nicky Spinks	23:33	18/06/2005	23:55	19/05/2007	22:32	17/05/2008	70:00	17/05/2008	1064	First Rounds
22	Digby Harris	23:28	21/07/2007	22:16	19/07/2008	21:35	24/05/2008	67:19	19/07/2008	364	
23	Jon Chapman	22:26	03/05/2008	23:20	04/07/2008	22:37	13/09/2008	68:23	13/09/2008	133	
24	Tim Laney	20:32	27/06/1987	23:17	28/05/2009	22:15	03/06/2006	66:04	28/05/2009	8006	
25	Alan Lucker	22:07	23/06/2007	23:12	28/06/2008	23:27	06/06/2009	68:46	06/06/2009	714	

26	Chris Near	17:23	02/05/2010	18:10	04/05/2008	20:30	29/05/2009	56:03	02/05/2010	728	
27	Jamie Thin	22:57	23/05/2004	23:23	22/05/2010	23:31	25/06/2005	69:51	22/05/2010	2190	
28	Olly Stephenson	22:57	23/05/2004	23:38	22/05/2010	23:41	25/06/2005	70:16	22/05/2010	2190	
29	William Houghton	22:50	21/06/2008	23:08	05/06/2010	23:35	06/06/2009	69:33	05/06/2010	714	
30	Jason Hubert	23:24	23/01/2011	23:23	22/05/2010	22:18	13/06/2008	69:05	23/01/2011	954	
31	Jo Scott	22:03	21/05/2005	22:24	29/07/2006	22:43	05/06/2011	67:10	05/06/2011	2206	
32	Mick James	22:39	02/07/2006	#N/A	12/06/2011	23:30	25/06/2005	#N/A	12/06/2011	2178	
33	Jonathan Whilock	21:51	01/06/2007	22:38	04/06/2010	22:16	03/07/2011	66:45	03/07/2011	1493	
34	Simon Reed	22:25	15/06/2008	23:43	21/05/2010	23:34	03/07/2011	69:42	03/07/2011	1113	
35	Bryan Carr	#N/A	#N/A	23:20	09/06/2006	23:12	03/07/2011	#N/A	03/07/2011	#N/A	
36	Tom Phillips	23:19	08/02/2011	23:13	20/07/2011	22:52	18/06/2011	69:24	20/07/2011	162	
37	Matthew Davis	23:49	14/06/2003	22:46	16/02/2013	23:12	03/07/2011	69:47	16/02/2013	3535	All Solo Unsupported
38	Bill Williamson	23:40	20/09/2008	23:45	24/07/2009	22:54	02/06/2013	70:19	02/06/2013	1716	
39	Chris Armour	20:59	20/06/2003	23:32	23/06/2006	23:34	17/08/2013	68:05	17/08/2013	3711	
40	Ed Gamble	22:24	24/06/2007	23:00	08/05/2010	21:57	25/05/2014	67:21	25/05/2014	2527	
41	Nicky Spinks 2	18:12	28/07/2012	19:02	20/05/2013	19:02	31/05/2014	56:16	31/05/2014	672	Second rounds
42	Jules Barrett	#N/A	#N/A	21:58	11/08/2012	22:50	23/06/2014	#N/A	23/06/2014	#N/A	
43	Lee Langdon	22:22	21/06/2009	#N/A	#N/A	22:50	23/06/2014	#N/A	23/06/2014	#N/A	
44	Jon Ascroft	18:47	03/05/2014	23:34	03/09/2014	16:59	05/07/2015	59:20	05/07/2015	428	
45	Laurence Piercy	23:18	22/06/2013	23:17	13/06/2014	23:31	26/07/2015	70:06	26/07/2015	764	
46	Glen Borrell	#N/A	#N/A	23:17	13/06/2014	23:31	26/07/2015	#N/A	26/07/2015	#N/A	
47	Adnan Khan	22:09	10/08/2013	23:35	16/07/2016	23:24	29/05/2016	69:08	16/07/2016	1071	
48	John Parkin	23:49	12/08/2012	23:48	01/08/2015	23:40	14/08/2016	71:17	14/08/2016	1463	
49	Tim Ripper	21:58	14/06/2014	23:11	22/07/2016	23:06	04/09/2016	68:15	04/09/2016	813	
50	Jasmin Paris	15:24	23/04/2016	18:33	02/10/2016	16:13	18/06/2016	50:10	02/10/2016	162	Aggregate Record at the time. All in one Summer. CRR Overall Record, PB & BG Female Record
51	Jim Mann	18:18	01/12/2013	21:37	11/02/2017	22:23	22/01/2017	62:18	11/02/2017	29	All Winter Rounds and within 29 Days. BGR completion is fastest one on BGR log. Assume he did another in Feb 2017 not in BGR log.
52	Liz Barker	22:57	04/06/2011	22:25	23/05/2015	22:34	20/06/2017	67:56	20/06/2017	2208	
53	Dave Taylor	#N/A	22/07/2017	23:05	13/06/2014	23:18	24/05/2016	#N/A	22/07/2017	1135	
54	Ross Cowie	#N/A	#N/A	23:40	03/06/2016	22:34	23/07/2017	#N/A	23/07/2017	#N/A	
55	Tom Pape	#N/A	#N/A	23:40	03/06/2016	22:34	23/07/2017	#N/A	23/07/2017	#N/A	
56	Graham Nash	21:39	22/04/2017	22:28	05/08/2017	23:19	14/07/2013	67:26	05/08/2017	1483	
57	Ben Rowley	20:47	05/07/2014	23:09	12/08/2017	22:47	29/05/2016	66:43	12/08/2017	1134	
58	John Ryan	21:39	22/04/2017	22:28	05/08/2017	20:52	13/05/2018	64:59	13/05/2018	386	
59	Chris Webb	21:48	30/08/2013	23:19	14/04/2017	23:21	20/05/2018	68:28	20/05/2018	1724	
60	Luke Aspinall	20:15	25/06/2016	23:02	23/06/2018	23:28	20/06/2017	66:45	23/06/2018	728	
61	Damian Hall	21:57	12/07/2016	17:31	19/06/2019	23:21	18/05/2017	62:49	19/06/2019	1072	PBR record
62	Joe Mann	20:59	15/09/2012	23:10	26/07/2019	23:53	31/08/2013	68:02	26/07/2019	2505	
63	Tom Saville	17:25	22/06/2019	23:34	13/07/2019	22:10	06/08/2019	63:09	06/08/2019	45	Age 24. All within 45 days.
64	Oli Johnson	17:25	22/06/2019	#N/A	13/09/2019	22:10	06/08/2019	#N/A	13/09/2019	83	All within 84 days
65	Barney Nikolich	21:10	22/06/2019	#N/A	29/05/2021	23:11	06/09/2020	#N/A	29/05/2021	707	
66	Simon Barnett	19:51	26/07/2008	23:03	08/07/2017	21:55	01/06/2021	64:49	01/06/2021	4693	
67	Rob Greenwood	#N/A	2021	#N/A	2010	#N/A	2021	#N/A	27/06/2021	4018	
68	Chris Barnes	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	10/07/2021	#N/A	
69	Pawel Cymbalista	21:43	18/07/2021	22:48	29/05/2021	23:17	08/08/2020	67:48	18/07/2021	344	1st Polish, all in less than a year on very hot days

70	Helen Elmore	23:25	20/06/2009	23:34	13/07/2019	23:24	31/07/2021	70:23	31/07/2021	4424	
71	Sam Hill	21:44	28/06/2015	22:17	08/11/2020	22:45	04/08/2021	66:46	04/08/2021	2229	
72	Colin Brearley	22:20	17/06/2017	23:25	07/09/2019	22:56	15/08/2021	68:41	15/08/2021	1520	
73	Fintay Wild	12:59	28/08/2021	15:14	26/04/2022	14:42	31/08/2020	42:55	26/04/2022	603	CRR & PBR records, both solo unsupported. Aggregate record
74	Ian Stewart	23:20	15/09/2012	23:45	11/05/2022	23:26	23/06/2021	70:31	11/05/2022	3525	
75	Kirsty Hewitson	22:48	07/06/2008	23:24	11/06/2016	22:43	04/06/2022	68:55	04/06/2022	5110	
76	Matt Neale	21:28	11/06/2011	23:41	18/06/2022	22:55	20/06/2021	68:04	18/06/2022	4025	
77	James Elson	22:15	06/09/2014	22:48	15/07/2021	23:23	24/06/2022	68:26	24/06/2022	2848	
78	Tom Lynch	20:09	22/06/2019	22:07	02/07/2021	22:23	16/07/2022	64:39	16/07/2022	1120	
79	James Gibson	19:39	28/12/2025	#N/A	#N/A	23:09	25/02/2023	#N/A	24/02/2023	#N/A	All solo unsupported Winter Rounds completed within Winter 2022/23. Only CRR winter one appears on the log. BGR one given here is what appears on BGR log
80	Robin Wilkins	#N/A	2022	22:28	03/04/2023	19:25	22/05/2021	#N/A	03/04/2023	681	
81	Jonathan Heaney	23:06	28/05/2017	23:19	26/04/2023	23:16	16/07/2022	69:41	26/04/2023	2159	
82	Mark Burley	19:53	01/08/2020	22:56	14/05/2022	23:41	29/05/2023	66:30	29/05/2023	1031	
83	Tom Brunt	19:38	13/05/2006	23:11	20/06/2015	23:32	10/07/2023	66:21	10/07/2023	6267	
84	Alistair Cox	21:41	14/07/2019	23:14	19/08/2023	23:09	16/07/2022	68:04	19/08/2023	1497	
85	Kim Collison	19:21	09/05/2009	16:20	16/04/2021	19:47	18/05/2024	55:28	18/05/2024	5488	
86	Charlie Elliot	23:11	18/06/2016	23:45	27/07/2018	23:48	26/05/2024	70:44	26/05/2024	2899	
87	Carol Morgan	22:33	10/08/2012	23:01	21/06/2014	23:16	02/06/2024	68:50	02/06/2024	4314	
88	Luke Armitage	22:14	11/09/2015	21:12	16/08/2024	23:57	26/08/2022	67:23	16/08/2024	3262	
89	Simon Gray	19:48	25/08/2018	21:20	23/05/2025	22:13	26/05/2024	63:21	23/05/2025	2463	
90	Jean Brown	22:46	19/06/2011	23:51	03/09/2021	23:37	08/06/2025	70:14	08/06/2025	5103	
91	Mark Davy	22:16	22/09/2020	21:33	03/07/2025	23:42	26/05/2024	67:31	03/07/2025	1745	
92	Huw Davies	19:30	21/07/2018	21:48	27/08/2021	18:56	27/05/2026	60:14	27/05/2026	2867	
93	Mark Clarkson	21:13	27/08/2017	23:33	13/06/2026	22:39	17/07/2022	67:25	13/06/2026	3212	
94	Matt Duckett	22:57	12/05/2024	23:34	07/06/2025	23:53	05/07/2026	70:24	05/07/2026	784	

**Top 10 fastest completions**

Number	Name	Bob Graham		Paddy Buckley		Charlie Ramsay		Big 3			Notes
		Time	Date	Time	Date	Time	Date	Total time	Last round	Span (days)	
73	Fintlay Wild	12:59	28/08/2021	15:14	26/04/2022	14:42	31/08/2020	42:55	26/04/2022	603	CRR & PBR records, both solo unsupported. Aggregate record
50	Jasmin Paris	15:24	23/04/2016	18:33	02/10/2016	16:13	18/06/2016	50:10	02/10/2016	162	Aggregate Record at the time. All in one Summer. CRR Overall Record, PB & BG Female Record
85	Kim Collison	19:21	09/05/2009	16:20	16/04/2021	19:47	18/05/2024	55:28	18/05/2024	5488	0
26	Chris Near	17:23	02/05/2010	18:10	04/05/2008	20:30	29/05/2009	56:03	02/05/2010	728	0
41	Nicky Spinks 2	18:12	28/07/2012	19:02	20/05/2013	19:02	31/05/2014	56:16	31/05/2014	672	Second rounds
17	Steve Birkinshaw	17:09	21/05/2005	20:27	26/08/2006	21:02	19/06/2006	58:38	26/08/2006	462	0
44	Jon Ascroft	18:47	03/05/2014	23:34	03/09/2014	16:59	05/07/2015	59:20	05/07/2015	428	0
92	Huw Davies	19:30	21/07/2018	21:48	27/08/2021	18:56	27/05/2026	60:14	27/05/2026	2867	0
5	Mark Hartell	19:50	16/06/1990	18:10	13/06/1992	23:24	15/06/1996	61:24	15/06/1996	2191	PBR record at the time
51	Jim Mann	18:18	01/12/2013	21:37	11/02/2017	22:23	22/01/2017	62:18	11/02/2017	29	All Winter Rounds and within 29 Days. BGR completion is fastest one on BGR log. Assume he did another in Feb 2017 not in BGR log.

**Top 5 closest to 72 hours!**

Number	Name	Bob Graham		Paddy Buckley		Charlie Ramsay		Big 3			Notes
		Time	Date	Time	Date	Time	Date	Total time	Last round	Span (days)	
16	Kevin Saville	23:55	17/06/1999	23:59	16/07/2004	23:44	16/07/2005	71:38	16/07/2005	2221	0
48	John Parkin	23:49	12/08/2012	23:48	01/08/2015	23:40	14/08/2016	71:17	14/08/2016	1463	0
8	Paul McClintock	23:34	18/06/1995	23:32	20/06/1998	23:57	15/06/1996	71:03	20/06/1998	1098	0
11	Yiannis Tridimas	23:25	27/05/1995	23:42	01/06/1996	23:53	22/06/2002	71:00	22/06/2002	2583	0
86	Charlie Elliot	23:11	18/06/2016	23:45	27/07/2018	23:48	26/05/2024	70:44	26/05/2024	2899	0

**Shortest timespan completions (within a year)**

Number	Name	Bob Graham		Paddy Buckley		Charlie Ramsay		Big 3			Notes
		Time	Date	Time	Date	Time	Date	Total time	Last round	Span (days)	
3	Adrian Belton	23:51	16/06/1985	22:00	15/07/1989	18:23	02/08/1989	64:14	02/08/1989	28	All within 28 Days. CRR record at the time. BGR completion is one on BGR log. Assume he did another in 1989 not in BGR log.
51	Jim Mann	18:18	01/12/2013	21:37	11/02/2017	22:23	22/01/2017	62:18	11/02/2017	29	All Winter Rounds and within 29 Days. BGR completion is fastest one on BGR log. Assume he did another in Feb 2017 not in BGR log.
63	Tom Saville	17:25	22/06/2019	23:34	13/07/2019	22:10	06/08/2019	63:09	06/08/2019	45	Age 24. All within 45 days.
2	Helene Diamantides	22:18	29/05/1987	20:08	01/06/1989	20:24	15/07/1989	62:50	15/07/1989	72	Age 24. All within 72 days. PBR & CRR overall and BGR female records at the time. BGR completion is the one on BGR log. Assume she did another in 1989 not in BGR log.
64	Oli Johnson	17:25	22/06/2019	#N/A	13/09/2019	22:10	06/08/2019	#N/A	13/09/2019	83	All within 84 days
23	Jon Chapman	22:26	03/05/2008	23:20	04/07/2008	22:37	13/09/2008	68:23	13/09/2008	133	0
36	Tom Phillips	23:19	08/02/2011	23:13	20/07/2011	22:52	18/06/2011	69:24	20/07/2011	162	0
50	Jasmin Paris	15:24	23/04/2016	18:33	02/10/2016	16:13	18/06/2016	50:10	02/10/2016	162	Aggregate Record at the time. All in one Summer. CRR Overall Record, PB & BG Female Record
69	Pawel Cymbalista	21:43	18/07/2021	22:48	29/05/2021	23:17	08/08/2020	67:48	18/07/2021	344	1st Polish, all in less than a year on very hot days
19	Gavin Thomas	20:23	05/05/2007	22:26	02/05/2008	23:30	14/07/2007	66:19	02/05/2008	363	0
22	Digby Harris	23:28	21/07/2007	22:16	19/07/2008	21:35	24/05/2008	67:19	19/07/2008	364	0